

## Scuba diving with heart

By CARLOS VILLATORO Register Staff Writer  
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Napa scuba divers met at Queen of the Valley Medical Center's Wellness Center Saturday to learn how to be dive buddies. Carlos Villatoro/Register

Napa scuba divers met at Queen of the Valley Medical Center's Wellness Center Saturday to learn how to be dive buddies.

A dive buddy is a certified scuba diver who wants to learn how to assist disabled divers both in the pool and open water.

Buddies learn how to assist disabled individuals with everything from getting in and out of the water to moving around in it.

Diveheart, an Illinois-based nonprofit group that promotes scuba diving therapy, sponsored the training session.

Instructors Jackie Danielsson and Roger Haseltine said they hope to open up a chapter of Diveheart in Napa and work alongside Napa Spinal Cord Injury Network to offer scuba therapy to people with disabilities.

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